



PARA-CYCLING ROAD

NATIONAL CHAMPIONSHIPS

JUNE 11-13, 2024

ROCK COUNTY, WI



— **KWIKTRIP** —
TOUR OF AMERICA'S DAIRYLAND





June 5, 2024

Para-cycling Athletes,

We are pleased to host the 2024 USA Cycling Para-cycling Road National Championships in Rock County, WI in partnership with USA Cycling, U.S. Paralympics Cycling, and the Tour of of America's Dairyland.

Please review the details in this technical guide carefully, as it will provide you with important information about the competition and associated athlete safety and competition rules. If you have questions about the event, please don't hesitate to reach out to the contacts in this technical guide.

Thanks again for your participation at the Para-cycling Open and see you in Rock County!

- 2024 Para-cycling Nationals Organizing Committee

GENERAL INFORMATION

Organization

The 2022 USA Cycling Para-cycling Road National Championships is an event organized by USA Cycling and U.S. Paralympics Cycling under the regulations of USA Cycling and the International Cycling Union (UCI). The competition dates are Tuesday, June 11 through Thursday, June 13.

General Contacts

Paul Murphy, Race Director: stotrkdod@gmail.com , 1-608-295-9313

Bill Koch, ToAD: bkoch54@toadinfo.com , 1-414-534-4501

Ian Lawless, U.S. Paralympics Cycling – ian.lawless@usopc.org , 1-719-272-1761

Type of event

The event is a “National Championships” event, conducted under the USA Cycling National Championships rules, and the UCI Para-cycling rules.

Event Schedule:

- **Tuesday, June 11th** – National Time Trial Championships in Harmony and Johnstown Twp
- **Wednesday, June 12th** - Road Race National Championship in Harmony and Johnstown Twp
- **Thursday, June 13th** – C Class Criterium and Handcycle Relay National Championships in Janesville (opening day of ToAD)
- **Friday, June 14th** – Handcycle Criterium Day One in West Allis (first day of Associated Bank Handcycle Classic)
- **Saturday, June 15th** – Handcycle Criterium Day Two in Grafton (second and final day of Associated Bank Handcycle Classic)

Complete Competition Schedule & Event Website:

The official, detailed competition schedule can be found on the official event website:

<https://www.tourofamericasdairyland.com/2024-para-road-champs/>

Course Information:

Time Trial Course: <https://www.strava.com/routes/3219060659933441678>

Road Race Course: <https://www.strava.com/routes/3219061160170522906>

Criterium & Relay: <https://www.tourofamericasdairyland.com/host/janesville/>

Athlete Eligibility

To be eligible to compete at the USA Cycling Para-cycling Road National Championships, athletes (including tandem pilots) must:

- hold a national license issued by their National Federation, with a USA Nationality
- be at least 18 years of age by Dec. 31, 2024
- be nationally classified with a 'confirmed' or a 'review' sport class status (not applicable to tandem pilots)
 - *U.S. Paralympics Cycling has opened the competition to athletes without national classification. These athletes will be permitted to compete if they undergo a virtual classification evaluation in advance of the event.*
 - *For more information about classification, or to make a classification appointment, please contact Tyler Carter at U.S. Paralympics: tyler.carter@usopc.org*

Additional Requirements

- All U.S. participants in this competition are subject to the requirements outlined in the USA Cycling Athlete Safety Policy available at: <https://usacycling.org/safesport/usac-policies>
- Adult Participants are also required to be familiar with, and comply with the USA Cycling Minor Athlete Abuse Prevention Policies (MAAPP) available at: <https://usacycling.org/safesport/usac-policies>
- All registered competitors are subject to testing and, if chosen for drug testing, are required to comply with the applicable rules. Noncompliance or refusing to be tested will result in the same penalties as a doping violation (see “Anti-doping section) for more information.

Lodging and Race Office

The Official Race Hotel and Race Office is:

TRU by Hilton Janesville

2702 Pontiac Pl, Janesville, WI 53545

407 Chestnut Street

Phone: 1-608-302-3838

The packet and number pickup will be at the race hotel on Monday evening, June 10 from 5:00 – 7:00 pm. The jig will also be setup during packet pickup for courtesy checks for this who wish to pre-check their bike.

Airports

All participants should fly into the Madison (MSN) airport, which is 40 minutes from the race hotel, OR Milwaukee (MKE) airport, which is about 75 minutes from the race hotel.

Media

Media inquiries: Please contact Kristen Gowdy: Kristen.gowdy@usopc.org 1-719-505-0901

Medical

Medical and EMS support will be on-site at all race venues. In the event of a transport, unless specified otherwise, patients will be taken to:

**Mercy Hospital and Trauma Center 1000 Mineral Point Ave., Janesville,WI., 53548
608-756-6000**

Scoring & Results

Race timing will be managed using a finish line camera. Race times will be posted the official event website: <https://www.tourofamericasdairyland.com/2024-para-road-champs/>

Race Numbers

- Athletes will be multiple race numbers (depending on classification) at check-in.
- A communique will be sent to athletes prior to race day, with more details and instructions concerning race number placement.

Race Attire

Athletes must wear appropriate race attire per UCI rules (www.uci.ch)

- No sleeveless jerseys or triathlon suits
- National Team kits are not allowed for USA athletes (National Championships Rule)
- National Champion's kits are not allowed for USA athletes (National Championships Rule)
- Tandems: Pilot and stoker must have matching uniforms
- World Champion kits are allowed only for current champions:
 - Current World Champion's: Awarded in 2023, Glasgow, UK
- Handcycle Relay: Athletes on relay teams should wear matching kits, if possible

Time Trial: Tuesday June 11, 2024

- Course Map: <https://www.strava.com/routes/3219060659933441678>
- All riders will must go through a bike check overseen by USA Cycling technical officials. Riders should arrive 15 minutes prior to the assigned start time to go through bike check.
- A specially-designed starting ramp will be used for all classes.
- Course is counter clockwise, on closed roads. Please note that the center line rule is in effect on County Road A between N. Emerald Grove and Tarrant Road as this section is two way race traffic. Riders may use the entire road for the remainder of the course.
- Finish is on County Road A heading East.
- Upon finishing, all riders will continue on County Road A for approximately 50 meters and turn left in to the South entrance of the Church, back to athlete parking
- Riders are responsible for keeping track of laps ridden.
- Handcycles and trikes must have draft bars affixed during the time trial (this is a new UCI rule as of 2024)
- Neutral Service pit will be available at the start area.
- Start seeding: Based on the most recent time trial: 2024 U.S. Paralympics Cycling Open (Bryan, TX), with the exception that the current National Champion in each class start last. Athletes without time trial results will start first within their sport class.
- Parking: Rock Prairie Presbyterian Church:
 - **Before 8:30 am** on Tuesday: Approach race parking from any direction
 - **After 8:30 am on Tuesday:** Enter E County Rd A from the intersection of E County Rd A and N County Rd M and enter the church parking lot at the driveway on A east of church
- **Medal Ceremony:** Podium ceremonies will take place at the Rock Prairie church parking lot immediately following the conclusion of racing. The top three (3) finishers in sport classes with one (1) or more entrants will be recognized at the podium ceremonies. Podium awards will be presented by sport class in the same order as classes raced the time trial, per the start list. Please wear race attire on the podium.

Road Race: Wednesday, June 12, 2024

- Course Map: <https://www.strava.com/routes/3219061160170522906>
- Course is counter-clockwise and there will be a full road closure. However, athletes should always be prepared for unexpected traffic and vehicles on the course.
- Riders are responsible for keeping track of laps ridden.
- Handcycles and trikes must have draft bars affixed during the road race.
- Neutral Service pit will be available at the start area.
- Riders may draft and work with athletes in any sport class with the same start time. Athletes **may not** work with athletes from different sport classes who started at a different time.
- All athletes will finish on the overall winner's lap from their starting group.
- **All riders must wear the correct helmet color for their classification as follows:**
 - **Red:** C5 men / C5 women / T2 men / H4 men / H4 women / B men
 - **White:** C4 men / C4 women / H3 men / H3 women / B women / T2 women
 - **Blue:** C3 men / C3 women / H2 men / T1 women
 - **Black:** H5 men / H5 women / C2 men / C2 women / T1 men
 - **Yellow:** C1 men / C1 women / H2 women \
 - **Green :** H1 men
 - **Orange:** H1 women
- Parking: Rock Prairie Presbyterian Church:
 - **Before 8:30 am** on Wednesday: Approach race parking from any direction
 - **After 8:30 am on Wednesday:** Enter E County Rd A from the intersection of E County Rd A and N County Rd M and enter the church parking lot at the driveway on A east of church
- **Medal Ceremony:** Podium ceremonies will take place at the Rock Prairie church parking lot immediately following the conclusion of racing. The top three (3) finishers in sport classes with one (1) or more entrants will be recognized at the podium ceremonies. Podium awards will be presented by sport class in the same order as classes raced the time trial, per the start list. Please wear race attire on the podium.

Criterion and Handcycle Relay, Thursday, June 13, 2024

Course Map: <https://www.tourofamericasdairyland.com/host/janesville/>

Criterion: There will be a criterium held for C1-5 men and women's classes in association with the ToAD criterium in Janesville. Please see the detailed schedule for updated start time.

- All m/w C1-5 racers will start together, but will be scored separately.
- All riders can work with riders from any sport class.
- All riders will finish on the winner's lap.
- Please note that this race requires a minimum of eight (8) riders (men and women combined) to be held. If you have not yet registered, you can do so next week once racing starts in Rock County.
- For more details on the criterium, please see the crit details page:
 - <https://www.tourofamericasdairyland.com/host/janesville/>
- An additional communique for criterium participants will be sent Wednesday, June 12.

Relay: There will be a mixed handcycle relay for mixed H1-5 men's and women's classes in association with the ToAD criterium in Janesville. Please see the detailed schedule for updated start time.

- Relay team compositions should abide by the UCI rules for the handcycle relay:
 - A team shall be composed of three athletes. The team can be mixed, therefore composed with athletes coming from H1-5 sport classes, men and/or women.
 - As outlined below, the total of points for the three TR participants is maximum of nine (9) points including an athlete with a maximum scoring value of two (2) points.
 - 4 Points: MH4 / MH5
 - 3 Points: MH3 / WH4 / WH5
 - 2 Points: MH2 / WH3
 - 1 Point: H1 Men / H1 Women / H2 Women
- Rider #1 for each team should line up at the start / finish line
- Riders #2 and #3 for each team should line up in the relay exchange zone
- Each team will complete a total of 9 laps.
- Each rider will complete three, non-consecutive laps and return to the exchange zone after each of their laps
- Each team is allowed two staff in the relay exchange area in order to support its athletes.
 - Teams with more than two staff in the relay area are subject to penalty
- This event requires a minimum of three (3) teams to be entered in order to be held. If you have not registered a team for the relay, you may contact Ian Lawless to enter a team by 5:00 pm on Wednesday, June 12. ian.lawless@usopc.org or 1-719-272-1761.
- Teams should wear matching racing kits if possible
- For more details on the course, please see the crit details page:
 - <https://www.tourofamericasdairyland.com/host/janesville/>
- An additional communique for TR participants will be sent Wednesday, June 12.